

Welcome to Procedures at BC Children's Hospital





On the day of your procedure, you'll go to the Teck Acute Care Centre.

General Procedures is on the 3rd floor





Head down the hallway to see the clerk





The clerk will check you in here!

They will ask for your BC Health Card





You'll be given striped pajamas to wear
while you're here





A nurse or a patient care aid will check your height and weight.





They will use :
an arm hug to check your blood pressure,
a red light on your finger to check your breathing,
and a little wand to check your temperature





A nurse will put cold cream on the top of your hands (about the size of a loonie) and put special window tape over it. This numbing cream will help with the sleeping medicine later.





The nurse may give you some medicine to help you feel more comfortable after your procedure.

You may choose to have this as a pill or liquid.





You can visit the playroom once the nurse is done checking you in.

There are some colouring, toys and a Wii!





You will meet your anesthesiologist (also called the sleep doctor) and your doctor before you go into the procedure room.

They will be wearing blue hospital pajamas, a hat, and (sometimes) a mask to keep the doctor room super clean.





One of the nurses will meet you when it's time to go to the procedure room.





One caregiver may be able to go into the procedure room with you until you fall asleep. They will wear a gown, hat and boots to also keep the room super clean!

You can also bring your favourite blanket or stuffed animal with you.





You will go for a walk with your nurse to your procedure room.

Check out the different animals on the wall!





This is what one of the procedure rooms looks like.

There are lots of people in the room and different machines, they are all there to help you.

They may be able to play your favourite show on the TV, what would you like to watch?





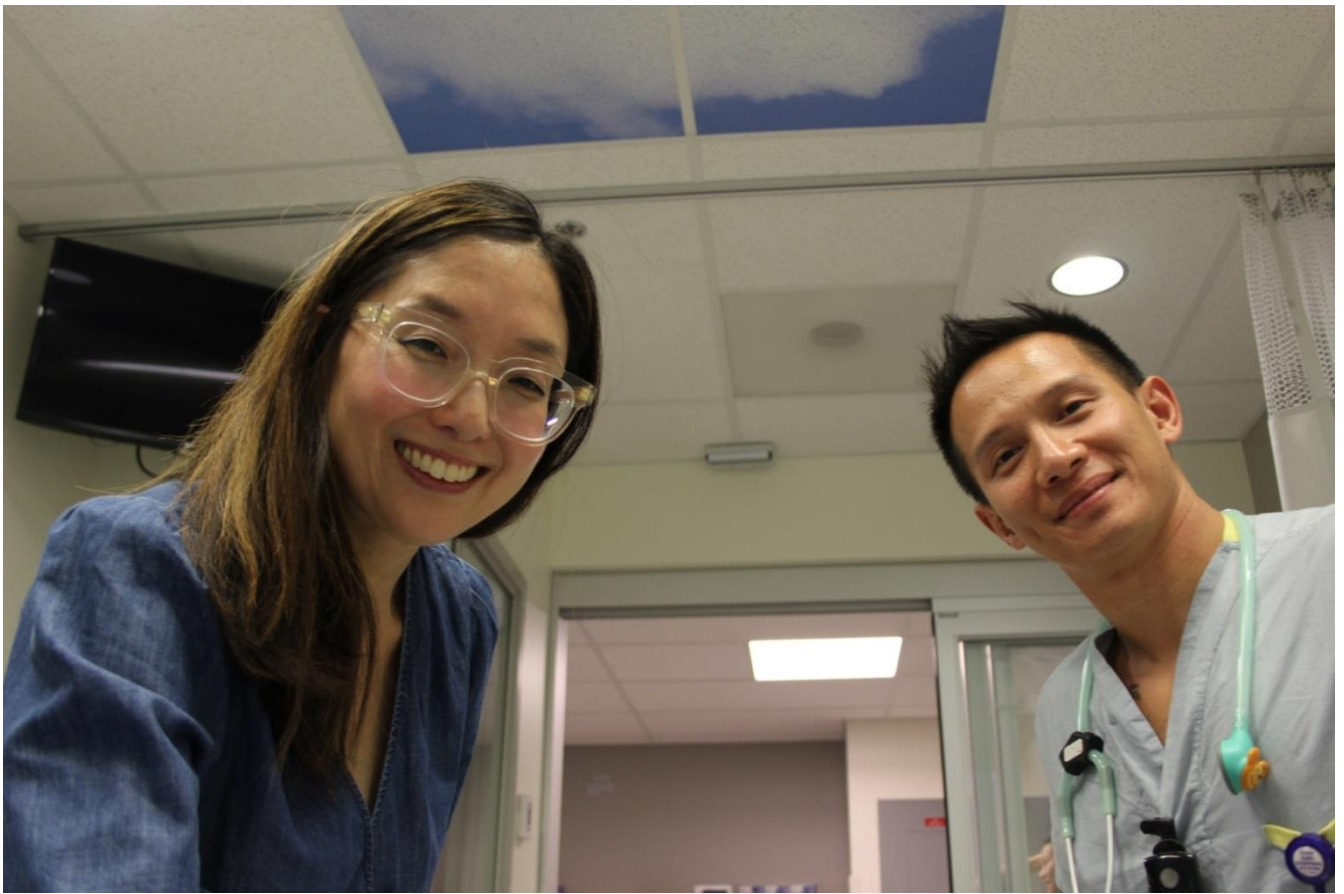
The sleep doctor will give you medicine so that you are asleep and comfortable during the procedure.





While you are having your procedure, your family will be waiting in this waiting room nearby.





Your family will meet you in your room once you are awake.

A nurse will be there to make sure you are feeling comfortable.





When you wake up, you can have popsicles, apple juice and water.

There are three colours of popsicles, orange, pink and white.
Which colour would you like?





Before you go home, your nurse will answer all your questions and make sure you're feeling comfortable before you go home.

Thanks for coming!

If you are staying overnight, please see the last page.





If you're staying on the 6th or 7th floor, this is what your room will look like. Your family will be able to stay overnight with you too. There's also a playroom and patio for you to explore!



If you are staying overnight in PICU, your family will also be able to stay with you here too.



If you want to watch the “Welcome to Procedures” video, check out:

<http://www.bcchildrens.ca/our-services/hospital-services/surgery>

If you want more information on how to prepare you child please check out:

[http://www.bcchildrens.ca/our-services/support-services/child-life#Procedural--Prep.](http://www.bcchildrens.ca/our-services/support-services/child-life#Procedural--Prep)

