### Surgery Information for Dr. Cooper



### **Orthopaedic Clinic**

4480 Oak Street, Vancouver, BC V6H 3V4 604-875-2345 1-888-300-3088 www.bcchildrens.ca

# Your child has been booked for orthopaedic surgery with Dr. Cooper.

There are a few things to help prepare for your child's orthopaedic surgery:

Think of things you may need to help you move around your home and school after your surgery. Please discuss what you may need with your surgeon.

You can purchase crutches directly from the orthopaedic clinic if they are required for your surgery.

You will be called from the pre admission clinic one business day before surgery and given the time to come to the hospital and when to stop eating/drinking.

The calls start at 11:00am. If you not get a phone call by 3:00pm or your phone number has changed please call them at 604-875-2191

Please inform the surgical booking office 604-875-2345 x 1048 if your child has any of the following prior to your surgery date:

- Vomiting/ Diarrhea (Loose Stool)
- Cough
- Cold
- Sore throat
- Cuts
- Sores
- Skin Rashes
- Bug bites

 Any infection (dental, bladder infections, open wounds/sores, toe nail infection)

The night before surgery please bath your child. Take off all makeup, jewelry and nail polish. If your child has long hair please braid your child's hair in pigtails.

Please cut your child's toenails two weeks before surgery.

### DO NOT SHAVE YOUR CHILD'S SURGICAL AREA.

Your child can bring their favorite blanket, stuffed toy, cell phone, or any belonging that will make them feel comfortable into the operating room.

Your child may be admitted to the hospital the day of surgery. Your child may also be discharged the day of surgery. You will know this prior to surgery.

When you arrive at the surgical area your child will need to be changed into hospital pajamas. You will meet with a nurse to do vital signs and review their health history. You will also meet the anaesthesiologist (sleeping doctor) and your surgeon.

If your child is over one year of age, one parent may go into the operating room

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with your child. Once your child becomes sedated (sleepy) you will be asked to leave. The nurse will help you get back to the anesthetic unit.

When your child is in the operating room you can wait in the family waiting area. Please leave your cell number with the staff if you will not be in the family waiting area.

When your surgery is completed the surgeon or his assistant will come and talk to you. At this time your child is still in the operating room with the anaesthesiologist (sleeping doctor). If the surgeon or assistant has missed talking to you, please ask the nurse to contact the surgeon or assistant so he/she can talk to you.

You can stay with your child in the immediate post-operative care area once your child is awake from surgery.

## Reasons why your child's orthopaedic surgery may be cancelled:

- Your child has a respiratory infection (cough/runny nose)
- Your child has a fever
- Your child has a cut/abrasion/open wound near their operative site
- Your child has a pimple/bug bite or skin infection near their operative site

 There is another very urgent emergency that requires immediate surgery.

If you are participating in Dr. Cooper's research projects, a member of his team may contact you around the time of your surgery.

It is always good to ask!